

U4/U5/ U6 GAME RULES (No heading during games or practices)

Coaches will be responsible for keeping time during play. There will be **no clock stoppages** know when you are going to sub and have someone assist you with getting players on and off the field. . The U5 and U6 will be **4v4** consisting of **4–eight minute quarters**. There is a 2 minute break between quarters 1and 2 and 3 and 4. There is a 5 minute halftime between quarters 2 and 3. **Coaches must allow each player to play half the game (if the player will cooperate). If a team does not have enough players to play 4v4 teams can be combined or you can play 3 vs 3.**

Substitutions: (most coaches will sub every 4 minutes or wait and sub at the start of every quarter). Substitutions can be made when the ball goes out of play, following a goal, or injury. Do not sub during play. Players also need to learn to sit on opposite side of field then parents during games. All parents and spectators are asked to sit on the outside perimeters of the field by the fence. Players need to sit on inside perimeters. **Coaches please advise parents to sit on opposite side.**

No earrings or other jewelry is allowed while playing. This includes players whose ears have been recently pierced. COACHES PLEASE EXPLAIN THIS RULE TO PARENTS AT THE FIRST PRACTICE

Coaches need to instruct the players to wear the shinguards under the socks no part of the shinguard should be visible. SHINGUARDS MUST BE WORN AT ALL GAMES AND PRACTICES.

If the ball goes out of bounds on the sides of the field the ball is brought back into play by a kick from the sideline. NO THROW-INS.

Corner Kick: A kick-in from the corner will be taken in place of corner kick if defending team kicks the ball out on the end lines or behind goal.

Goal Kicks: A kick-in from the box in front of goal is taken by the defending team if the attacking team kicks the ball out of bounds and ball crosses end line or goes behind goal.

Shinguards are required for all players.

Soccer Cleats or tennis shoes no baseball or softball cleats are allowed. Player will not be permitted to play if they are wearing cleats other than soccer cleats.

No jewelry including earrings can be worn during games.

NO GOALIES. PLAYERS ARE NOT ALLOWED STAND IN FRONT OF GOAL LIKE A GOALIE WOULD ALSO PLEASE NOTE DURING GAMES IF A PLAYER IS INTENTIONALLY PUSHING OR SHOVING ANOTHER PLAYER TO GET THE BALL IT IS THE COACHES RESPONSIBILITY TO EXPLAIN TO THE PLAYER THAT IT IS NOT ALLOWED. ALSO NOTE THAT KIDS AT THIS AGE ARE YOUNG AND HAVE DIFFICULTY RUNNING WITH A BALL THE MAJORITY OF IT IS UNINTENTIONAL BUT STILL NEEDS TO BE CORRECTED. COACHES PLEASE TAKE CONTROL OF THE GAMES AND OF THE PLAYERS TO AVOID CONFLICTS WITH PARENTS ON THE SIDELINES. WE HAVE MORE COMPLAINTS FROM THE U4-U6 AGE GROUP ABOUT ROUGH PLAY THEN ANY OTHER AGE GROUP. ALSO COACHES THE GAME IS NOT ABOUT WINNING IT'S ABOUT TEACHING THE PLAYERS THE CORRECT WAY TO PLAY THE GAME AND ALSO TO HAVE A GOOD TIME WHILE ENJOYING SOCCER. ONLY ONE COACH ALLOWED ON THE FIELD WITH PLAYERS DURING GAME ASSISTANT COACH NEEDS TO STAY ON SIDELINE WITH SUBS.